

# Bereavement Counselling & Probate Helpline

Emotional and practical  
support from AIG Life



## Bereavement Counselling

A completely **confidential** service offering **bereavement counselling**, available to all Group Life clients and their employees.

### What's provided?

#### FREE TO USE

and available to all employees and their immediate family

#### UNLIMITED ACCESS

to 24/7 bereavement helpline

#### Up to four FACE-TO-FACE

or telephone sessions with a qualified counsellor

#### Access to SUPPORT GUIDES

and articles to help deal with grief & loss

### How can it help?

- ✓ Support strategies to manage anxiety or other mental health issues
- ✓ Referral to bereavement support groups
- ✓ A dedicated listening service to help cope with grief after an unexpected or accidental death
- ✓ Referred to a therapy resource for continued support
- ✓ Support in understanding and coping with the loss of a loved one

Contact our 24/7 bereavement helpline

**0800 069 8856**

When calling you will be asked for your employer's name. They won't be told about your usage of the service. If dialling from outside of the UK, please call: +44 141 846 0217.

# Probate Helpline



Completely confidential **probate helpline** for all Group Life clients and their employees - available Mon-Fri, 09:00-17:00.

## What's provided?

### FREE TO USE

and available to all employees and their immediate family

### UNLIMITED ACCESS

to probate helpline

### GUIDANCE

on legal issues resulting from a recent bereavement

Access to  
**SUPPORT GUIDES**

and articles to help deal with grief & loss

## How can it help?

- ✓ Explaining the process for obtaining probate after a death
- ✓ Providing guidance to help deal with legal, financial and tax issues following death
- ✓ Helping the employee or family navigate the administrative issues resulting from a death

## Contact our probate helpline

 **0800 069 8856**

When calling you will be asked for your employer's name. They won't be told about your usage of the service. If dialling from outside of the UK, please call: +44 141 846 0217.